

Mental health is an integral part of the overall health and well-being of individuals and societies and should therefore receive the same attention as physical health. In fact, mental disorders are currently one of the most overlooked public health issues in the international arena, despite evidence of their high prevalence and negative impact.

Placing the ability to diagnose and treat mental health disorders into the primary health care system will significantly increase the number of people who can access care.

WHO launched the mental health GAP Action Programme (mhGAP) to address the lack of care, especially in low-and middle-income countries, for people suffering from mental, neurological and substance use disorders. mhGAP asserts that with proper care, psychosocial assistance and medication, tens of millions could be treated for depression, schizophrenia, and epilepsy, prevented from suicide and begin to lead normal lives- even where resources are scarce.

Cittadinanza, in collaboration with the Department of Mental Health and Substance Abuse of World Health Organization (WHO), is organising a mhGAP Country Meeting aimed at discussing the country implementation update and carrying out a discussion on the mhGAP training materials in the pilot countries and supporting new low- and middle-income countries in developing it. This is following the successful outcomes of the first two conferences organized in Rimini in 2008 and 2009 "Strengthening Mental Health Systems in Low and Middle Income Countries" where 30 countries have been involved in presenting mental health projects according to the WHO-AIMS analysis and their needs.

Since its inception, Cittadinanza has been developing and supporting psychiatric rehabilitation and psychosocial projects in low income countries and is partner of WHO in developing mhGAP in Panama.

under the auspices of



MODERATA



thanks to



**International Meeting
Rimini, 12-13-14 October 2011
Hotel Holiday Inn**

**mhGAP Implementation:
Building capacity of primary health care
providers for mental health**



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Cittadinanza ONLUS
in collaboration with the Department of Mental Health
and Substance Abuse of the World Health Organization

12 October 2011

The chair persons of the day will be
Taghi Yasamy (AM) and Martin Prince (PM)

8.30 / 9.00

Welcome

Local Authorities, Emilia-Romagna Region,
WHO, Cittadinanza

9.00 / 9.15

mhGAP Programme and mhGAP-IG: Introduction
Shekhar Saxena

9.15 / 9.30

mhGAP-IG Training Materials
Mark van Ommeren

9.30 / 9.45

Expectations and suggestions for the meeting
Raffaella Meregalli

9.45 / 10.15

Presentations by Countries*: focus on mhGAP Implementation opportunities and constraints. Jordan (Moh'd Bassam Qasemand and Tewfik Daradkeh), Nigeria (Oyewusi Gureje and Lola Kola), Panama (Yadira Boyd and Gretel de Pinzon)

10.15 / 10.45 Coffee break

10.45/11.45

Presentations by Countries*: focus on mhGAP Implementation opportunities and constraints. Belize (Claudina Cayetano), Benin (Laurent Assogba and Mathieu Tognidé), Ethiopia (Tsehaysina G/Eyesus Getahun and Abebaw Fekadu), India (Vikram Patel and Rahul Shidhaye), Sierra Leone (Andrew Thomas Muana), Uganda (Sheila Ndyababangi and Joshua Ssebunya)

11.45 / 12.30

Open discussion
HOW TO PREPARE FOR TRAINING
Martins Adakole Oche, Shoba Raja and Peter Hughes

12.30 / 14.00 Lunch

14.00 / 14.15

Logistic information and preparatory activities
for the next days
Raffaella Meregalli

14.15 / 14.45

Training Techniques
Nancy Baron



14.45 / 18.00

Presentation, discussion and recommendations on mhGAP Training Modules:

Introduction to mhGAP and Master Chart (Tarun Dua and Chiara Servili), Communication skills and General principles of care (Rabih El Chammay), Suicide/Self Harm (Alexandra Fleischmann), Psychosis (Andrea Bruni)

Plenum presentations = 30 minutes

Table group discussions on specific modules= 95 minutes

Plenum discussion = 50 minutes

16.00 / 16.20 Coffee break

13 October 2011

The chair persons of the day will be Victor Aparicio (AM) and Khalid Saeed (PM)

8.30 / 10.00

5 Parallel sessions: in each parallel session components of training modules are acted out and discussed (lecture, discussions, role play)

10.00 / 10.30 Coffee break

10.30 / 11.10

5 Parallel sessions: in each parallel session components of training modules are acted out and discussed (continued)

11.10 / 12.00

Open discussion
TRAINING OF TRAINERS
Nancy Baron, Julian Eaton, Abewaw Fekadu

12.00/ 13.00

Open discussion
SUPERVISION AND FOLLOW-UP AFTER TRAINING
Anita Marini, Vikram Patel and Lena Verdelli

13.00 / 14.30 Lunch

14.30 / 18.00

Presentation, discussion and recommendations on mhGAP Modules: Depression (Rabih El Chammay), Epilepsy (Gretchen Birbeck), Alcohol Use (Dzianis Padruchny) Developmental Disorders and Behavioural Disorders (Chiara Servili).

Plenum presentations = 30 minutes

Table group discussions on specific modules= 100 minutes

Plenum discussion = 50 minutes

16.00 / 16.30 Coffee break



14 October 2011

The chair persons of the day will be Marc Laporta (AM) and Tarun Dua (PM)

8.30 / 12.15

Presentation, discussion and recommendations on mhGAP Training sessions: Bipolar Disorder (Yutaro Setoya), Drug Use (Nico Clark), Dementia (Jotheeswaran Amuthavalli Thiyagarajan), Other significant Emotional or Medically Unexplained Complaints (Rabih El Chammay), Translation of learning into practice and Refresher Training (Chiara Servili).

Plenum presentations = 45 minutes

Table group discussions on specific modules = 100 minutes

Plenum discussion = 50 minutes

10.00 / 10.30 Coffee break

12.15 / 13.00

Open discussion
EVALUATION OF TRAINING
Pamela Collins, Antonia Lora and Inka Weissbecker

13.00 / 14.15 Lunch

14.15 / 15.00

Presentation and discussion on synthesis of suggestions received
By staff members of Department of Mental Health and Substance Abuse

15.00 / 15.30

Final discussion and conclusions
Raffaella Meregalli and Mark van Ommeren

*Other Countries

Participants from other countries showed interest in developing mhGAP and they participate in the Meeting to contribute and learn more about the Programme. These include participants from:
Brazil, Egypt, Nepal, Niger, South Africa, Thailand

An E-book with the names and contact details of all the participants will be made available during the Meeting.

Registration

The meeting is open to International and Italian NGOs, National Mental Health Services and Professionals.

Participants can register sending an email

To info@cittadinanza.org

Participation is free of charge.

